

What is a Neck Lift?

Patients, who have excess skin along the neck and under the chin, can benefit from the procedure known as a neck lift. Patients may also require submental liposuction, under the chin, at this time as well if there are fatty deposits present. The intended result is to create a more youthful neck with a better contour. This procedure is often done in tandem with a facelift procedure.

Details of Procedure

The procedure is done as a day surgery, under local anaesthetic with sedation or general anesthetic. An incision is made along the front of the ear at the base, behind the earlobe into the crease behind the ears and further into the scalp and along the hairline. The skin is then draped in a more youthful position. The excess skin is removed and the incisions are closed. The liposuction portion of this procedure requires an incision approximately ½ inch wide under the chin where fat is suctioned through a tiny wand like instrument.

Post Treatment Care

The patient will go home with the chin and neck wrapped in dressings or in an elastic neck sling. Initial discomfort is easily controlled with oral medication. Swelling and bruising will disappear over approximately 2 weeks and the final result is evident in 1-3 months.

Possible Risks

The specific risks and the suitability of this procedure for a given individual can be determined only at the time of consultation. All surgical procedures have some degree of risk. Minor complications that do not affect the outcome occur occasionally. Major complications are rare.