

# Dermatology & Plastic Surgery

### Let's Begin Your Journey Together.

#### Learn more about our suite of expert procedures.

Our ICLS team of experts are here to help support and guide you as you explore the available options that are right for you. This guide is designed to provide you with general information about our suite of procedures. During consultation, our nurses will take the time to fully understand your goals before discussing your available options.

It is also so important to understand the risks and limitations of every procedure. During consultation and prior to treatment, all of the possible risks will be reviewed with you in full.

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## Angioma Removal

Angiomas are benign lesions made up of small blood vessels. They appear on the surface of the skin and can be on any part of the body.

Angiomas are a group of vascular lesions that can be found on many different areas of the face and body. The causes of these lesions are generally unknown, but may be related to age, genetics or hormones in pregnancy. There are a variety of different types including:

Cherry Angiomas: These benign skin tumours can appear anywhere on the body, but are most common on the trunk or mid-body. They often look red, blue or purple and can be round, smooth or raised.

Spider Angiomas/Nevus: These benign lesions are most common on the face and upper chest. They appear as a telangiectatic papule and are visible just beneath the surface of the skin. They may also contain a central vessel which radiates outwards making the area look red.

Venous Lake: Angiomas on the lips typically appear bluish in colour but could also appear red, or purple. They are usually asymptomatic, however can be painful, and excessive bleeding may occur if trauma is caused to the lesion.

Hemangiomas: These are an abnormal accumulation of blood vessels in the skin or internal organs. They can often be seen on top of the skin, deeper in the skin, or both. They are usually red or purple in colour and may appear on the face or neck.

### Procedure Details

Angiomas can be treated if they are bleeding, bothersome, or for

aesthetic reasons. They are treated using Pulsed Dye Laser, Excel V or shave excision. Prior to any type of removal, Dr. Sapra will perform an assessment of the area/lesion. If your provider determines the lesion to be benign or non-cancerous, the patient will have the option to have the removal at their own cost. Some private benefit plans may cover a portion of the fees, although ICLS does not bill directly to insurance companies.

