

What is ThermiVa?

Women looking to rejuvenate their vaginal area can benefit from ThermiVa. With the use of the latest technology in radio frequency, we are able to improve the skin tone of the vulva and the tightness of the internal vaginal vault.

Pre-Treatment

You must discontinue waxing, threading, plucking, tweezing, sugaring and electrolysis at least 6 weeks prior to the treatment. The area to be treated **must be shaved** prior to treatment and before any subsequent treatments. There is no need for any topical or injectable (local) freezing. You should not be on your period at the time of the procedure.

Details of Procedure

You will be asked to complete a questionnaire prior to your treatment to help decide the settings used. During the 30-45 minute procedure you will be laying down comfortably. Ultrasound gel is applied to the vagina during the treatment for comfort and proper function of the treatment system.

Post Treatment Care

After treatment, the area is cleaned and you can return to your normal activities immediately. An ice pack may be provided post to help cool the area down post treatment if needed. The area may be slightly red, swollen and tender, which can last anywhere from 2-12 hours. All regular activities, including intimate activities can be resumed immediately.

Possible Risks

Short term side effects may include slight reddening of the skin or local swelling which typically lasts less than an hour, although it can last up to a few days. In rare instances there may be some blistering and or scabbing. You are monitored closely to prevent any untoward side effects and your nurse will be talking with you during the procedure. Since there is currently no clinical data to suggest any positive or negative effects that ThermiVa may have on the reproductive systems of women of childbearing years, the treatment is recommended for those who are finished with pregnancies.

**Please Note -- We do require a 20 % deposit when booking all procedures in the Skin Spa.*

Also, due to the large volume of bookings, we do require 48 hours' notice of cancellation. The cancellation fee is \$50.00 +hst for every ½ hour of procedure time that is cancelled or \$150.00 +hst for consultation appointments that are cancelled without the required 48 hours' notice.

If purchasing packages of treatments, please be advised that packages must be fulfilled within a year from the date of the first treatment within the package.