

1344 Cornwall Road, Suite 100 Oakville, ON L6J 7W5

## **Pearly Penile Papules**

Pearly Penile Papules are medically known as Hirsuties papillaris genitalis. Pearly Penile Papules are round domes called angiofibroma's that are located on the corona ridge of the penis. They are usually flesh coloured and form rows. Pearly Penile Papules are benign and are not a sexually transmitted disease or genital warts. They are generally asymptomatic and have no harmful effects, though if they do affect your personal life or self-esteem they can be treated. Pearly Penile Papules can be treated with a PDL/V-Beam (Pulsed dye laser) which is a non-scarring, gentle approach for removal.

## Detail of Procedure

Photos will be taken prior to treatment to record progress. The skin is then cleansed, and a topical numbing cream will be applied around the corona for 1 hour. This will help to diminish discomfort. After the area has numbed, treatment can begin. The Pulse Dye Laser passes through the skin to reach the blood vessel of the angiofibroma. This will leave a bruise discoloration that will dissipate in approximately 1-2 weeks. This will shrink the papules and inhibit the growth therefore reducing the appearance of the papules. There is minimal to no discomfort during the procedure, but discomfort may appear after the topical anesthetic has worn off.

## Post Treatment Care

After treatment, an ice pack can be applied to sooth any discomfort and help with swelling. It is advised that you wash the area with a gentle soap/water and apply a topical antibiotic cream, which will be given by prescription twice a day for the next 5 to 7 days. Tylenol can be taken if any discomfort arises after the topical anesthetic has worn off. It is also advised to avoid sexual activity for approximately 2 weeks after procedure. Approximately 2 to 4 treatments may be required to get the optimal result. Treatments can be done every 6 to 8 weeks.

## **Possible Risks**

After treatment, the areas that were treated will be blue/purple bruise like in color. This will become darker over the next few days after treatment. This is normal and will continue to fade as a bruise normally does. There is always a risk of post inflammatory hyper-pigmentation which does fade in time. The risk of infection or scarring is extremely rare. If you have concerns, please discuss these prior to the start of your treatment.

\*Please Note -- We do require a 20 % deposit when booking all procedures. Also, due to the large volume of bookings, we do require 48 hours' notice of cancellation. The cancellation fee is \$50.00 for every ½ hour of appointment time that is cancelled without the appropriate 48 hours' notice.



Sheetal Sapra, MD FRCPC, Dermatologist Julie Khanna, MD FRCSC, Plastic Surgeon Maryam (Saheb-Al-)Zamani, MD FRCSC, Plastic Surgeon

1344 Cornwall Road, Suite 100 Oakville, ON L6J 7W5