



Blu-U

Blu-U offers effective, non-invasive and pain-free treatment for mild to moderate acne. This treatment is not a laser, but a light that emits safe, cool, visible, blue light; an effective solution for acne. The Blu-U treatment aids in effectively killing bacteria that is present on the surface of the skin and thus helps to diminish acne temporarily.

Acne results from the obstruction and inflammation of the sebaceous glands, and it affects 80% of the human population. Acne typically begins in adolescence with hormonal changes. However, there are many older individuals who suffer from adult acne. There are several different presentations of acne ranging from comedonal (blackheads and whiteheads), papular, pustular, and cystic acne. Often times, many of these forms of acne can be present in an individual simultaneously.

Pre-Treatment:

Patients are advised to come into the clinic with their face cleansed and free of make-up.

Details of Procedure

Blu-U patients are in the clinic anywhere from 20-30 minutes per appointment. The skin is usually prepped to ensure the skin is free of oils, and residual make up. Patients will then be placed under the Blu-U for 15 minutes. During this time, safety goggles must be worn to help protect the eyes. A sunscreen will then be applied post treatment to ensure protection from sun exposure upon leaving the office. Patients are usually recommended to do approximately 10 treatments and traditionally these treatments are spaced about 7-10 days apart. Patients typically require maintenance treatments at intervals to maintain results.

Post Treatment Care

The skin may be sensitive to sunlight for 24-48 hours after treatments and therefore SPF should be worn between sessions. Patients are also encouraged to continue with the use of topical acne lotions and special cleansers to ensure maximum results with their treatment plan.

**Please Note -- We do require a 20 % deposit when booking all procedures in the Skin Spa.
Also, due to the large volume of bookings, we do require 48 hours' notice of cancellation. The cancellation fee is \$50.00 for every ½ hour of appointment time that is cancelled without the appropriate 48 hours' notice.
If purchasing packages of treatments, please be advised that packages will last a full year from the date of the first treatment.*